



EUROPE'S LARGEST WRESTLING TOURNAMENT

TALLINN OPEN

28

KRISTJAN PALUSALU

YOUTH WRESTLING TOURNAMENT

02-03.04.2016

SAKU SUURHALL, TALLINN, ESTONIA

EARLY INFORMATION

TALLINN OPEN honours the memory of Estonia's most famous athlete, Kristjan Palusalu – who won the gold medal in both Greco-Roman and Freestyle wrestling at the 1936 Olympic Games, and in so-doing became the first – and remains the only person to have achieved this feat.

In 2015 11-wrestlers from 5-countries succeeded in duplicating this achievement. For the first time one wrestler became a two-time Grand Champion.

OVERVIEW OF 2016 TOURNAMENT*:

April 2-2016: Greco-Roman

April 3-2016: Freestyle and Female

Possibility to wrestle both GR and FS

Nordic A&B Pool System

12 wrestling mats

Three female age categories (tbc)

International Wrestling Camp (tba)

OVERVIEW OF MARCH 27-28, 2015 TOURNAMENT:

1392 wrestlers

154 clubs

16-countries

105 Weight Classes

Protocol: http://www.liga-db.de/Turniere/VT/EE/2014/EE/150329_Tallinn/indexENG.htm

Wrestling Camp with 125 participants from 9-countries

CONTACT AND INFORMATION:

www.facebook.com/TallinnOpenWrestling

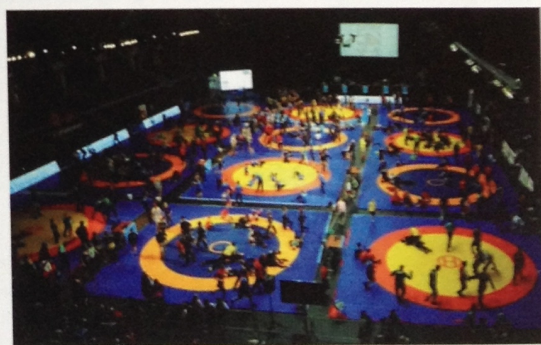
www.tallinnopen.ee

info@tallinnopen.ee

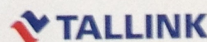
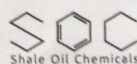
„Like“ us on Facebook and follow our homepage to receive updates and see current information!



2015 TALLINN OPEN: 1392 wrestlers from 154 clubs and 16 countries



Warmup at 2015 Tallinn Open – Kr.Palusalu Youth Wrestling Tournament



* Organiser reserves right to make any changes regarding tournament.

TALLINN OPEN

The organising committee is pleased and excited to invite you to Europe's largest wrestling event - the 2016 TALLINN OPEN - 28. KRISTJAN PALUSALU WRESTLING FESTIVAL, which takes place in Tallinn Estonia, from 1-3 april, 2016. The 2015 event attracted 1392 wrestlers from 16 countries and three continents. This is followed by the International Cadet Wrestling Training Camp which takes place from 4-7 april, 2016 (please see below).

LOCATION: Saku Suurhall, Paldiski Maantee 104B, Tallinn 13522 (www.sakusuurhall.ee) GPS co-ordinates: LAT: N 59° 25' 25.0" LONG: E 24° 45' 04.9".

CATEGORIES	FEMALE			Children	MALE (Greco-Roman and Freestyle)				
	Children	School/Girl	Cadet/Junior		Palusalu Small	Palusalu Big	Schoolboy	Cadet	Junior
BIRTH YEAR	2004 and younger	2003 - 2001	2000 - 1996	2007 & younger	2006-2005	2004-2003	2002-2001	2000-1999	1998-1996
TOLERANCE			1kg					1kg	2kg
WEIGHT CATEGORIES	Wrestlers will be grouped according to weight, with a minimum 4 wrestlers per group	32 (+29) 34 37 40 44 48 52 58 62	46 (+42) 49 52 56 60 64 69 75	20 (+18) 23 26 29 32 35 40 45 +45	26 (+23) 29 32 35 40 45 50 +50	32 (29) 35 38 42 47 53 59 66 +66	38 (34) 42 47 53 59 66 73 85	46 (42) 50 54 58 63 69 76 85 100	55 (50) 60 66 74 84 96 120
	TIME	2 x 2 min							2 x 3 min
	POINTS	10	10	10	12	12	8	8	8
	REGULATION	Nordic A & B pool system (minimum 6 wrestlers) and current UWW scoring rules							

2016 TALLINN OPEN - Kr. Palusalu Youth Wrestling Festival

SCHEDULE AND PROGRAM	Dates	Times	Event	Location
	1 april, 2016 FRIDAY	10:00 - 14:00 16:00 - 22:00	Medical Control & Weigh-in (GR and GR/FS combined)	Saku Suurhall
	2 april, 2016 SATURDAY	07:00 - 08:00 09:30 - 10:00 10:00 - 18:00 18:00 - 20:00 17:00 - 20:00	Medical Control & Weigh-in (GR and GR/FS combined) Opening Ceremony Greco-Roman Competition (Elimination Rounds) Greco-Roman Competition Finals and Award Ceremonies Medical Control & Weigh-in (FS and FW)	Saku Suurhall
	3 april, 2016 SUNDAY	07:00 - 08:00 09:00 - 09:30 09:30 - 16:00 16:00 - 17:00	Medical Control & Weigh-in (FS and FW) Opening Ceremony Freestyle and Female Wrestling (Elimination Rounds) Freestyle and Female Wrestling Finals and Award Ceremonies	Saku Suurhall
	4-7 april, 2016 MON-THURSDAY		TALLINN OPEN International Wrestling Training Camp	Korrus3 Training Centre

REGISTRATION: Registration via www.tallinnopen.ee „Registration Form” or email to info@tallinnopen.ee. Registration starts december-1, 2015 and will be viewable on-line. Information (372) 510 2876 or info@tallinnopen.ee

PARTICIPATION FEES: Possibility to wrestle in both Greco-Roman and Freestyle.
10 euro Greco-Roman OR Freestyle OR Female
15euro Greco-Roman AND Freestyle
Payment via bank transfer or on-site.

REFEREE: Visitor Referees are invited and encouraged to participate. Head Referee is Mr. Tanel RENTER. For information and notification, please contact Tanel at Tanel.Renter@mail.ee or (372) 5297979.

MEALS: Saku Suurhall has several eating options from fast-food to restaurant. Also - via pre-ordering is also special inexpensive athletes meal. This menu and pricing information will be available at www.tallinnopen.ee beginning 2016.

ACCOMODATION:

Hotels: Special rates from sponsor locations. Please refer to www.tallinnopen.ee Accomodations information for booking.
Hostels: 400 Inexpensive hostel beds are reserved.. Please refer to www.tallinnopen.ee Accomodations information for booking.
Inexpensive (Free): Hard-accomodations available at competition site. Lights out at 23:00. Team-Leader required.

TRANSPORT:

Transport available from airport, bus-station and harbour to competition site and participating sponsor hotels. Please provide advance notification to info@tallinnopen.ee for schedule. The City of Tallinn offers „free citywide transportation” on its' buses, trains and trolleys, with presentation of participant card (this will be provided at weigh-in). Taxi-ride from harbour and airport to competition site is approximately 10eur. Because of „pirate taxis” - please check fares prior to entering taxi.

INTERNATIONAL CADET TRAINING CAMP takes place 4-7april, 2016 at Korrus3 which is Tallinn's „Wrestling Centre of Excellence” and home of the National Teams. (GPS Co-ordinates: LAT: N59° 25' 25.0" LONG: E 24° 45' 04.9") The 2014 Camp was attended by 130 wrestlers from Norway, Sweden, Denmark, Lithuania, Belgium, Ukraine, Russia, Czech Republic, Israel, USA and Estonia. With such a wide diversity of wrestlers, the 2016 camp will emphasise sparring, to maximise and gain wrestling experience from different schools of wrestling. This is a vetted camp (not for beginners) with the number of participants being limited. For information in English and Russian, please contact Mr. Martin PLASER, Manager and Coach at Korrus3 Training Centre. Contact: korrus3@korrus3.ee (372) 5362 7351.

For detailed information www.korrus3.ee/uudised/tallinn-open-official-training-camp-2016

SEE YOU IN TALLINN