



INVITATION

CZARNY BÓR OPEN 2016

Czarny Bór / Poland

December 2-4



We have the pleasure of inviting Your Team to
11. International Women's Wrestling Tournament
Czarny Bór OPEN 2016
for seniors/juniors, cadets and younger

The tournament is arranged with cooperation with Polish Wrestling Federation and in seniors/juniors age group Czarny Bor Open will be an international Polish Cup at once.

Organiser: Heros Czarny Bor Wrestling Team

Date: **2-4.12.2016**

Place of competition: The competition, weighing and bouts will be arranged in:
CZARNY BÓR, Sportowa 44, 58-379 Czarny Bór (School / Sporthall)

Arrival: **Friday, 2nd December 2016, till 18.00, CZARNY BOR, Sportowa 44**

Competition for: **WOMEN**—Seniors/Juniors + Cadets + Younger

Age groups and weight categories: Seniors/Juniors born **1999 and earlier (17 yrs +):**
48, 53, 55, 58, 60, 63, 69, 75 Kg (+ 2 Kg)

Cadets **2000—2002:**
38, 40, 43, 46, 49, 52, 56, 60, 65, 70 – no weight tolerance

Younger **2003—2006:**
26, 28, 31, 34, 37, 40, 44, 48, 52, 57, 62, 67 – no weight tolerance
(The smallest categories may be joined or changed depending on number of girls and their weight)

Each athlete must have passport or license to present at the weigh-in.

Final entries: The final applications must be submitted before 25th November to:
zapasy@interia.pl

Referees: The teams are asked to take a referee *(we cover costs of accommodation and hotel for each referee also referee earn for his job 50 €).*

Costs: **50 euro** per person for hotel and meals from 2 to 4 December.
(2 nights and food from supper on Friday evening to Sunday dinner).
If You want arrive before Friday or stay longer than to Sunday, You must pay 25 euro per person/per day for board and lodging.

PROGRAM

(schedule)

- Friday, 2nd December 2016** 16.00—18.00 – arrival of teams
16.00—19.30 – weigh-in for all categories
- Saturday, 3th December 2016** 09.00—09.30 – opening ceremony
09.30—19.00 – elimination matches and finals for bronze medals
about 13.00 – dinner (in the competition place)
- Sunday, 4th December 2016** 09.00—12.00 – finals for gold medals and awarding ceremony
about 12.00 – dinner (in the competition place)

*We are looking forward to welcome you at the
11. International Women's Wrestling Tournament in Czarny Bor.*

*In **2015** our competition numbered **296** wrestlers from 13 countries - **Hungary, Norway, France, Germany, Sweden, Lithuania, Latvia, Belarus, Finland, Ukraine, Czech Republic, Slovakia and Poland** with many medallists of European or World Championship.*

In 2016 our tournament is also in Polish Wrestling Federation calendar (in older group as international polish cup).

*See You in Czarny Bor!
Darek Piaskowski
Joanna Kolodziej*



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www.czarnyboropen.pl





INVITATION
International Training Camp
Female Wrestling
4 - 10 December 2016
Wałbrzych / Poland
(after Czarny Bór Open 2016)



Dear wrestling friends,
we have the pleasure to invite you to the **“International Training Camp” after the tournament “Czarny Bor Open 2016”**.
Czarny Bor Open will be held on December (2-4.12.2016) like always in Czarny Bor and the Training Camp after competition will be held on between 4.12 and 10.12 in Wałbrzych (about 17 km from Czarny Bor), **on the Aqua Zdroj — Sport Centre**, where were held in 2015 - U23 European Championship.
In our International Training Camp will also participate two female National Teams of Poland - juniors and cadets.

Beginning of the Training Camp

On Sunday, December 4th after the “Czarny Bor Open” we will travel from Czarny Bor to Wałbrzych.
First training: Monday, December 5th, in the morning.

Costs

Full board (accommodation and food): **25€** per person per day in the Hotel in Sport Centre - Aqua Zdroj in Wałbrzych City.
Hotel and training camp will be held in Aqua Zdroj - Sport Centre, where in 2015 took place U23 European Championship.

Entry

Preliminary entry please send as soon as possible :-)

Contact:

zapasy@interia.pl

mobile: **+48 533 733 774** (Darek Piaskowski)

Welcome to Czarny Bor and Wałbrzych,
Darek Piaskowski, Joanna Kolodziej